



Parent Notification of OTC Test Kits

Dear Families,

The NJ Department of Health (NJDOH) has made available to schools COVID-19 over the counter (OTC) rapid antigen self-test kits. These kits are FDA approved and may be used in the home setting to test for COVID-19. Testing remains part of a comprehensive approach to keep students safe and attending school in-person.

The OTC testing process uses non-invasive nasal swabs and can be done in the comfort of your own home, without observation from a health care provider. The OTC test kit is a rapid test and will provide a result within 15-20 minutes. Each test kit comes with easy-to-follow directions, and your child's school will provide a link to report the results to the school. For more information about OTC testing, please see: <https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>

Should your child test positive, please keep them home and follow isolation guidance found here: https://www.state.nj.us/health/cd/documents/topics/NCOV/5-day_isolation_final.pdf. It is recommended you notify any close contacts and suggest they follow relevant quarantine guidance if applicable: https://www.state.nj.us/health/cd/documents/topics/NCOV/5-day_quarantine_english.pdf

Should you have concerns about your child's health or have questions on what to do to protect your family and others, please notify your child's healthcare provider or local health department if you do not have a healthcare provider.

We are grateful for your continued commitment to health and safety in our schools.